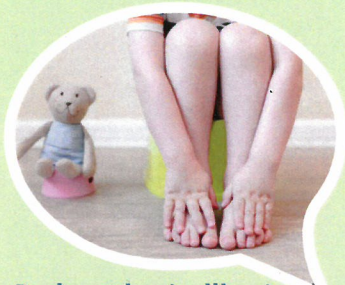




If you are a parent or carer for a child aged between 0-19 and want advice or have any worries you can text the Parents and Carers ChatHealth Service on:

07507 327754

We can help with all kinds of things like:



Bedwetting/soiling/
toileting



Concerns about
hearing or vision



Feeding problems



Weaning



Emotional wellbeing



Behaviour



Speech concerns

We might inform someone if we were concerned about your safety but we would usually speak to you first. Parents with children up to the age of 19 can contact us and we will ensure the relevant practitioner will respond. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm. If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some "number masking" mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.

Text our confidential line **07507 327754** for advice and support