



Subject	PSHE – Personal, Social and Emotional Development
Year Group	Reception
Knowledge Essential facts (Directly correlating to NC document) Key vocabulary / technical terms	
<p><u>Children will know:</u></p> <p>Health and Wellbeing</p> <p>To know the importance of good health is physical exercise, good dental hygiene and a healthy diet.</p> <p>To be able to talk about ways to keep healthy and safe.</p> <p>To be able to try new activities and say why I like some more than others.</p> <p>To be able to say when I do and don't need help.</p> <p>To be able to be confident to speak in a familiar group talking about my ideas.</p> <p>To be able to choose resources I need for my chosen activity.</p> <p>To be able to manage my own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</p> <p>To be able to try new activities and say why I like some more than others.</p> <p>Living in the Wider World</p> <p>To be able to speak in a familiar group talking about my ideas.</p> <p>To be able to take account of others' ideas about how to organise an activity.</p> <p>To know that other children don't always enjoy the same things and are sensitive to this.</p> <p>To know about similarities and differences between myself and others and among families, communities and traditions.</p> <p>Relationships</p> <p>To be able to talk about my own and others behaviour, and its consequences.</p> <p>To know that some behaviour is unacceptable.</p> <p>To be able to adjust my behaviour to different situations and take changes of routine in my stride.</p> <p>To know the school rules and the school behaviour programme-diddy dots.</p> <p>To be able to follow the rules.</p> <p>To be able to work as part of a class</p> <p>To know different emotions.</p> <p>To be able to talk about how others and I show feelings.</p> <p>To be able to show sensitivity to others needs and feelings.</p> <p>To be able to form positive relationships with adults and children.</p> <p>To be able to play co-operatively and take turns with my peers.</p>	