



Subject	PSHE
Year Group	Year Two

Knowledge
Essential facts (Directly correlating to NC document)
Key vocabulary / technical terms

Children will know:

Health and Wellbeing

- To know the importance of physical, mental and emotional health.
- To know how to make informed choices.
- To know the role of drugs as medicines.
- To be able to identify alternatives to taking medicines.
- To know that household products, including medicines, can be harmful if not used properly.
- To know that household products are hazards if not used properly.
- To know rules for and ways of keeping safe.
- To be able to recognise they have a shared responsibility for keeping themselves and others safe.
- To be able to explore loss.
- To know what change means and the associated feelings.
- To know some of the changes of growing from young to old.
- To begin to identify strategies for coping with change and where to go for help.
- To know some of the rules for and ways of keeping safe in a range of situations.
- To know who to go to if they are worried.
- To know that they share a responsibility for keeping themselves and others safe.
- To know what is 'privacy'; their right to keep things private and the importance of respecting others' privacy.
- To know the process of growing from young to old.
- To be able to discuss growing and changing and becoming independent.
- To know the correct names for the main parts of the body (including external genitalia).
- To be able to identify people who they can ask for help and think about how they might do that.
- To know about privacy in different contexts.
- To be able to respect the needs of ourselves and other people.

Living in the Wider World

- To be able to recognise that they belong to different groups and communities such as family and school.
- To know ways in which they are all unique.
- To know ways in which we are the same as all other people; what we have in common with everyone else.
- To know why rules are important in keeping us safe.
- To know people who work in the community and how to ask for help.
- To know what money looks like.
- To know how money is obtained.
- To be able to explain the ways money can be used.
- To know how to keep money safe and what influences choices.
- To know that everybody is unique.

Relationships

- To be able to constructive support and feedback to others.
- To know and identify what makes them special.
- To be able to identify ways of keeping safe.
- To know the difference between a surprise and a secret.
- To know that they do not keep secrets.
- To be able to recognise similarities and difference.
- To know what physical contact is acceptable.