



Allergy Management and Anaphylaxis Policy

Approved by:
B.Suddhi

Date: July 2026

Last reviewed on: July 2026

Next review due
by: July 2027

Signed by:

Headteacher

Date: July 2026

Chair of governors

Date: July 2026

1. Statement of Intent

Pear Tree Infant and Nursery School recognises that allergies are a serious and potentially life-threatening medical condition.

The school is committed to providing a safe environment for pupils with allergies and reducing the risk of exposure to allergens whilst recognising that it is not possible to guarantee an allergen-free environment.

2. Aims

This policy aims to:

- Protect pupils with allergies.
- Reduce the risk of allergic reactions.
- Ensure effective emergency responses.
- Promote awareness amongst staff and pupils.
- Comply with current DfE guidance.

3. Roles and Responsibilities

Head Teacher

Responsible for ensuring effective implementation of this policy.

School Business Manager

Responsible for:

- Maintaining the Allergy Register.
- Coordinating Allergy Care Plans.
- Organising staff training.
- Monitoring emergency medication.

Staff

Responsible for:

- Understanding allergy risks.
- Following Individual healthcare plans.
- Acting immediately in emergencies.

4. Allergy Register

The school will maintain an up-to-date Allergy Register containing:

- Allergens
- Severity of allergy
- Emergency medication
- Location of medication

The register will be reviewed termly.

5. Individual Health Care Plans

All pupils diagnosed with severe allergies will have an individual health care plan which includes:

- Known allergens
- Signs and symptoms
- Medication requirements
- Emergency procedures
- Emergency contacts

6. Reducing Risk

The school will:

- Promote handwashing before and after eating.
- Ensure tables are cleaned appropriately.
- Risk assess cooking and food activities.
- Share information with relevant staff.
- Encourage safe food practices.

7. Food in School

The school cannot guarantee an allergen-free environment. The school however operates as a nut free zone, where no nuts, or nut products are permitted on site by staff, children, volunteers, visitors or contractors

Parents will be asked not to send foods containing known allergens where individual risk assessments identify a significant risk.

Food brought into school for celebrations will be carefully managed.

8. Educational Visits

Allergy risks will be considered during visit planning.

Emergency medication will accompany pupils on visits.

Relevant staff will be briefed before departure.

9. Adrenaline Auto-Injectors

The school will:

- Hold pupils' prescribed AAls.
- Monitor expiry dates.
- Store medication in accessible locations.
- Hold spare AAls and inhalers in accordance with legislation.

10. Recognising Anaphylaxis

Symptoms may include:

- Swelling of lips, tongue or throat
- Difficulty breathing
- Wheezing
- Persistent cough
- Collapse
- Loss of consciousness

Where anaphylaxis is suspected:

1. Administer adrenaline immediately.
2. Call 999.
3. Contact parents.
4. Monitor the child continuously.

Adrenaline should always be administered without delay if anaphylaxis is suspected.

11. Staff Training

All staff will receive:

- Allergy awareness training.
- Anaphylaxis awareness training.
- Adrenaline auto-injector training.
- Refresher training as required.

12. Incident and Near Miss Reporting

All allergy incidents and near misses will be recorded.

Following an incident the school will:

- Review circumstances.
- Identify lessons learned.
- Update risk assessments.
- Update care plans if required.

13. Communication with Parents

Parents must:

- Inform the school of allergies.
- Provide in-date medication.
- Notify the school of changes.
- Attend review meetings when required.

14. Monitoring and Review

This policy will be reviewed annually by the Governing Body or sooner if guidance changes.